

City of Carroll, Iowa
Volume 4, Issue 5
May 2010



Carroll Rec Center
716 N. Grant Rd.
Carroll, Iowa 51401

Adult Programs

Corporate Games

Co-ed Softball
Co-ed Sand Volleyball
Registration Deadline:
Friday June 4th

Adult Flag Football League

Registration will start on Tuesday June 1 and the **REGISTRATION DEADLINE IS FRIDAY AUGUST 6!!!**

The Great Rec Center Fitness Challenge

You will have from June 1st till Labor Day (September 6th) to get across Iowa on Highway 30. You have two options you can either Run/Walk or Bike It. For those looking to go for a swim we are offering the Raccoon River Challenge. For this you won't actually have to swim the Raccoon River just the distance it travels through Carroll County. See how far you can go this Summer!

- Highway 30 Run/Walk- 316 miles
- Highway 30 Bike- 316 miles
- Raccoon River Challenge-10.5 miles

Pickleball

Come and try out a game of Pickleball. What is pickleball? **Pickleball** is a relatively new [racquet sport](#) which combines elements of [badminton](#), [tennis](#), [table tennis](#), and ping-pong. The sport is played on a court with the same dimensions as a badminton court. The net is lower than most other racquet sports allowing for faster play. The game is played with a hard paddle and a [wiffle ball](#), making the technique required for pickleball different than other sports.

Games will be held in the Rec Center gym on Mondays & Wednesdays from 8:00am-11:00am and Monday-Friday 1:00pm-3:00pm, while school is in session.

Summer Swim Lessons:

Session 1: M-F June 7-18, 2010 (Recreation Center)
Session 2: M-F June 21- July 2, 2010 (Recreation Center)
Session 3: M-F July 5-16, 2010 (Outdoor Aquatic Center) Evening hrs.
****All fees are based on Recreation Center memberships****
Each session lasts two weeks and consists of a daily lesson lasting **30 minutes for the Preschool classes** (4-5 year olds who have not been to kindergarten) and **45 minutes for the Red Cross "Learn to Swim" Levels 1-6** (for those who have attended kindergarten and older.)
When registering, please fill in 2 choices, starting with your 1st choice, then your 2nd choice (in case the 1st choice class is full) as shown on the registration form.



The indoor pool at the

Recreation Center will be closing on July 5th for approximately 3 weeks due to pool maintenance and repairs.

Become a friend of  Carroll Parks & Recreation. Find us under the name Carroll Recreation.

Fall Youth Programs

5th and 6th Grade Volleyball League

Registration forms will be available at the Rec Center beginning May 3. Pre-registration is required, registration deadline is Friday, Aug. 6th.

Date/Time: Registration: Monday, May 3-Friday, July 30th.

Games: Weekday & Saturdays, August, September and October

Location: Games played at Carroll Middle & High School

FEE: \$20.00

Youth Flag Football League

Registration forms will be available at the Rec Center beginning Monday, May 3 and the registration deadline is Friday July 23!!!

Date/Time: Games scheduled Aug-Oct. M, T, TH evenings

Registration: Monday, May 3-Friday, July 23

FEE: \$20.00

Fall Soccer League

Soccer registration begins Monday, May 3 and ends Friday, August 6.

Date: Games will be played on Monday and Tuesday evenings starting after Labor Day

Registration: Monday, May 3 -Friday, August 6

FEE: \$20.00



PARKS & RECREATION



Summer Youth Programs

"Mom's are Great" Essay

Date/Time: Essays must be submitted by 5:00pm on Monday, May 3rd.

Hershey Track Meet Ages 9-14 (born 1995-2000)

Registration begins Monday, March 29th, pre-register by Friday, May 14.

No registration or changing of events on Monday May 17th

Date/Time: Monday, May 17 at 5:00pm **Location:** Carroll Athletic Field **FEE:** No Charge

T-Ball League

Registration begins Monday, March 1st deadline Friday, May 7.

Child must be 5 by June 2, 2009 **Date/Time:** Mondays & Wednesdays nights in June (Subject to Change)

Ages: Kids who have completed Opt. Kindergarten and Kindergarten

Location: Carroll Little League Complex **FEE:** \$20.00 (includes a t-shirt)

Golf Fundamentals

Registration Deadline: Friday, May 28

Date/Time: Tuesdays **OR** Fridays (sign up for one day): June 7-June 30

Ages 8-9 8:00-9:00am Ages 10-11 9:15- 10:15am Ages 12-and up 10:30-11:30am

Max/per group: 8 **Location:** Carroll Muni **Instructor:** Larry Clark **FEE:** \$30.00/participant

Free Tennis Clinic

Registration deadline: Wednesday, June 2 **Date/Time:** 10:00-10:45am 4-6 year olds June 3, 2010

11:00-11:45am Grades 1-4 June 3, 2010

Location: Graham Park 12:00-12:45pm Grades 5-8 June 3, 2010

Blastball

Registration Deadline: Friday, June 4.

Date/Time: 4 or 5 year old: T & TH June 8-July 1 10:00-10:45am or 11-11:45am

Max/per group: 16 **Location:** City Softball Fields (East of the Stadium) **FEE:** \$12.00

Youth Tennis

Registration Deadline: Friday, June 4. **Date/Time:** Grades 1-3 8:30-9:15am June 8-June 24 (M, W)

Max/per group: 16 Grades 4-8 9:15-10:00am June 8-June 24 (M, W)

Location: Rolling Hills Tennis Courts Ages 4-6 9:30-10:00am July 12-July 21 (M, W)

Instructors: Jack Wardell, Parks & Rec Director, tennis pro **FEE:** \$24.00

Carroll Swim Team-Summer 2010

Registration ends: Friday, June 4, 2010

Fee: Both fees can be left at the Rec Center office when registering.

Payable to Carroll Rec Center-\$40.00 member; \$70.00 non member

Payable to Carroll Swim Team Parents Club-\$25.00/family

Sign up night: Monday, April 26 from 5 - 7 pm

Location: Control room area

Find more
information about all
programs at
www.cityofcarroll.com